

Annual Meeting of the Irish Society of Urology (ISU)

Sept 21st-22nd
2024, Killiney
Co. Dublin



Irish Society
of Urology

The Irish Society of Urology was founded in 1973 to promote the speciality of Urology and its related medical sciences in Ireland, and to encourage and promote urological training and scientific research. This year, ISU President Prof Robert Flynn, kicked off the programme with a welcome address. He noted that not all abstracts could be accepted due to the volume submitted. It was a wide and varied programme including oral and poster presentations and two video sessions. Guest Speakers included Mr Michel DeWildt, Consultant Urologist, Beacon Hospital presenting 'A DECADE OF HOLMIUM LASER ENUCLEATION OF THE PROSTATE: MY DUTCH AND IRISH HOLEP EXPERIENCE' and Professor Alberto Briganti Professor of Urology, Vita-Salute San Raffaele University, Milan presenting 'THE ROLE OF PSMA PET AND LYMPH NODE DISSECTION IN HIGH RISK PROSTATE CANCER'.

It has been encouraged and accepted in recent years for nurses to attend the meeting, and participate in research being presented. This year I was honoured to present on my clinic, 'The Introduction of an Advanced Nurse Practitioner (ANP) Led Treatment and Surveillance Clinic for Patients with Non-muscle Invasive Bladder Cancer (NMIBC); Year 1 outcomes'.

I really would encouraged Urology Nurses, at every level, to attend ISU as the learning is invaluable.

Next year's meeting will take place on Friday 10th and Saturday 11th October 2025 in the Sligo Radisson Hotel, Co Sligo. Abstract submission is usually around April, more details can be found at <https://irishsocietyofurology.ie>

Lynn Casey ANP LUTS, TUH



NEWSLETTER

Welcome from Caroline Ahern, IAUN President

We take great pleasure in welcoming you to this newsletter. We have created this publication with the intention of providing a space for Urology nurses to learn and read about developments in the field of Urology. From recent guidelines and publications, to annual urology conferences and upcoming events, we are delighted to share with you, and hope you will join us as contributors in the future

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Annual Urodynamics' Study Day 2024

The Annual Urodynamics Study Day was held in Galway in November 2024. The event was both enjoyable and educational, providing a great opportunity to network with colleagues and stay up-to-date with best practices. The day was kindly organized by M.E.D Surgical and the Urodynamics committee. The agenda included talks from Consultants, ANPs, Nurse Specialists, and Company Representatives. Prof Kilian Walsh, Consultant Urologist, GUH started the day with his presentation on "How Urodynamics Affects Treatment Decisions". This was followed by a video link to Dr. Dick Janssen from Radboud University in the Netherlands who discussed 'The Interpretation of Urodynamics and UPP'. Eva Fitzsimons, CNM from the Coombe Hospital spoke about how to streamline Urodynamics' reporting. This opened up a lively discussion on what should be included in UDS reporting.

The afternoon session started with a talk from Dr. Naveed Khawaja, Consultant Obs and Gynaecologist from Portlincula Hospital on 'Menopause and Incontinence'. This was followed by The Shane McKeever Annual Bursary Presentation, and a nice tribute to Shane. Carline Ahern, ANP, Neuro-urology at the National Rehabilitation Hospital, spoke about the importance of urodynamics in the management of patients with neurogenic bladder dysfunction. This was followed by Jo Wilkinson from Laborie, and Martin Clark from M.E.D Surgical who discussed the Laborie International Continence Society Guidelines. They also answered questions regarding Urodynamics' equipment, programs, and solutions to everyday issues that we all encounter in our practice. The day concluded with John Broderick, Sales Manager (Imaging & Diagnostics) for M.E.D Surgical, discussing the integration of Urodynamic tracings with the Electronic Healthcare System. He also presented a comprehensive series of Urodynamics' online learning, available through Laborie.

We are all looking forward to further updates.

Caroline Ahern ANP Neuro-urology, NRH

Conference Oct 2024, Galway



The fifth annual Saolta Urology Nurses Network (SUNN) educational conference took place in the Clayton Hotel in Galway on Friday the 4th of October this year. Medical and nursing professionals with an interest in urology and continence care gathered for an exciting programme, the theme of which was holistic and customised health care in urology.

Ms Marguerite Duggan, SUNN secretary and clinical nurse manager in the Blackrock clinic commenced proceedings, welcoming record number of delegates from all over Ireland. SUNN president & Consultant Urologist at UHG Mr Syed Jaffry once again delivered an enthusiastic welcoming address.

The first session of the morning saw speakers discuss prostate cancer journey from Diagnosis to survivorship. This session was chaired by Ms Catherine Dowling and Mr Paddy O'Malley.

Mr Paddy O'Malley began the session with a presentation on prostate cancer prevalence. He took us on a brief but detailed exploration of prostate cancer diagnosis and the role of rapid access prostate assessment clinics.

The nursing team from the Blackrock clinic, Aine, Martha, and Kathy provided delegates with a very interesting insight into the nurse's role in robotic theatres, the focus being on robotic assisted prostatectomy.

Dr Cormac Small provided a detailed synopsis of radiation therapy for prostate cancer. He highlighted new advances in treatment, and provided insight into possible side effects of therapy and management.

Rachael Dalton ANP in Urology had everyone on their feet with an interactive session exploring the effects of anti-androgen therapy whilst highlighting some medical, holistic and self-care strategies to assist patients in managing these effects. Prof Eamon Rogers closed the first session providing delegates with a valuable update on informative patient resources developed by the EAU patient office. These resources are available from the EAU website and are a welcome addition in supporting our patients and their information needs.

Session 2 was chaired by Professor Rodgers and Mr Christian Albu. Prof Jaffry provided delegates with a welcome update on surgical procedures available for patients with bladder outlet obstruction. This was followed nicely with an update from Geraldine Rooney ANP in benign urology on CISC and its role in managing patients with benign prostatic hyperplasia. Dr Janusz Krawczk provided a valuable contribution to the morning session with his presentation on anticoagulation therapy.

Session 3 moved focus toward stone prevention and management. Chaired by Mr Boucher Hayes and Mr Killian Walsh, delegates were provided with information on supplemental therapies to prevent stones. This session was delivered nicely by Dr Rosendo Garanta.

The final session was chaired by Mr Syed Jaffry. This session focused on urological infections. Dr Clare O' Driscoll and Dr Bal Danda, offered delegates a welcome update on urological infections and their appropriate treatment.

Session 4 closed with an award ceremony. The Michael Corcoran and Hugh Bredin Memorial Educational Bursary Award was presented to Jennifer Rooney, Community Intervention Team, and the SUNN Educational Bursary Award was presented to Niamh Griffin, staff nurse.

The morning session concluded with a presentation to Mr Robert McConkey who made invaluable contributions to urology nursing and the SUNN group over the years. Attendees at SUNN and the IAUN committee wish him well with his future endeavours.

As with previous SUNN events, the afternoon saw participants engage in a variety of workshops. The workshops this year focused on: continence care, perioperative nursing considerations, flexible cystoscopy and catheter management. As always, the workshops were very engaging, affording delegates an opportunity to gain practical skills and insights into a myriad of urological procedures and fundamentals in urological nursing.

The SUNN conference is an excellent education event that welcomes nursing professionals from all over Ireland to Galway each year. It is a highly informative and engaging event, coordinated & facilitated by a group of urology experts. It provides delegates with an opportunity to enhance their urology nursing care skills in a supportive environment, whilst also allowing delegates an opportunity to network with colleagues in primary, secondary and community care settings.

*Rachel Dalton ANP Urology,
St. James' Hospital*

EAUN25 | Madrid, Spain
22-24 March 2025

EAUN25

22-24 March 2025
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25th International EAUN Meeting

EAUN25 in Madrid, Spain, from 22nd-24th March 2025, is set to be an incredible meeting of urology professionals, offering a wealth of knowledge, networking, and a chance to be part of the global urology community. The three-day scientific programme covers a diverse and in-depth range of topics for urology care professionals. With expert speakers from various nationalities, this meeting is set to be the European nurses' hub for learning and networking.

The conference will provide comprehensive coverage for both urological cancers and benign urology. For cancer disease: topics include prostate cancer, bladder cancer, day surgery nephrectomy, and integrative oncology

For benign urology, there are sessions on benign abnormalities of the penis, chronic bladder pain, stress incontinence, stone management, sexual dysfunction, the role of UDS in neurogenic bladder management, nursing solutions to difficult cases, and a session for nurses on how to create and present posters in urological nursing.

Don't forget to add the nurses' dinner to your registration as numbers are limited and allocated on a first-come, first-served basis.

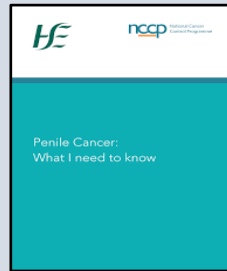
EARLY BIRD DISCOUNT

For the social side, delegates can join us at the Nurses' Dinner, the perfect place for networking and enjoying the company of colleagues worldwide. This event gives everyone an opportunity to meet the Board, SCO and SIG members, and guest lecturers. **Registration is through the online system.**

For a comprehensive overview of the full programme, please visit www.eaun25.org
Register before 18th February to secure your place.

Development and Launch of NCCP Patient Booklet.

Penile Cancer: What I Need to Know”



In a significant step towards improving awareness, education and support, the National Cancer Control Programme (NCCP) has launched a comprehensive patient information booklet titled “Penile Cancer: What I need to know”. This booklet aims to provide essential information and guidance to individual's diagnosed with, or concerned about penile cancer.

Penile Cancer.

Penile cancer is a rare but potentially devastating form of cancer, affecting approximately 60 men each year in Ireland. This booklet addresses the lack of awareness and understanding surrounding this condition, offering detailed information on the anatomy of the penis, signs and symptoms of penile cancer, risk factors, diagnostic procedures and treatment options.

Development Process

The development of the booklet involved extensive collaboration with healthcare professionals, patients and patient advocates. The NCCP worked closely with Consultant Urologist and Andrologist, Mr Ivor Cullen and Clinical Nurse Specialist in Penile Cancer, Alison Doran at Beaumont Hospital, Ireland's designated referral centre for penile cancer care. This collaborative expertise ensured that the booklet is both medically accurate and empathetic to the needs of the patients.

Key Features of the Booklet

The booklet covers a wide range of topics including:

- Signs and Symptoms – information on what to look out for, such as growths, sores, bleeding, foul smelling discharge
- Diagnostic Procedures – explanations of the tests and examinations.

- Treatment Options – an overview of various treatments available, including surgery, radiation therapy and chemotherapy
- Support and Resources – guidance on coping with a cancer diagnosis and support services available

Launch and Distribution

The booklet was officially launched by the NCCP in November 2024 and is now available through various healthcare providers, cancer support organisations and online - www.hse.ie/eng/services/list/5/cancer/patient/leaflets/nccp-penile-cancer-booklet.pdf. This resource will empower patients with the knowledge they need to make informed decisions about their care and improve overall quality of life.

Conclusion

The launch of the “Penile Cancer: What I need to know” booklet represents a crucial advancement in patient education and support for those affected by penile cancer. The NCCP aims to reduce the stigma associated with this rare cancer and ensure that patients receive the best possible care.

If you would like copies of this guide, contact **Health Promotion** at

Email: info@cancercontrol.ie

Visit: www.healthpromotion.ie

Anne Daniels
ANP Urology / Uro-Oncology
University Hospital Waterford



Professional Development

RSCI Renal Nursing PgCert :

<https://www.rcsi.com/dublin/postgraduate/taught-courses/renal-nursing-cert/course-details>

Ulster University: Advancing Care for People with Urological Disorders :

<https://www.ulster.ac.uk/courses/2023/24/advancing-care-for-people-with-urological-disorders-32645>

Ulster University: The Fundamentals of Adult Continence Promotion :

<https://www.ulster.ac.uk/courses/2023/24/the-fundamentals-of-adult-continence-promotion-32648>

NHS Trust: Certificate in Urodynamics Course :

<https://www.nbt.nhs.uk/bristol-urological-institute/bui-education/urodynamic-courses/certificate-urodynamics-course>

HSE: Nurse and Midwife Medicinal Product Prescribing :

<https://healthservice.hse.ie/about-us/onmsd/onmsd/specific-programmes/nurse-midwife-medicinal-product-prescribing.html>



NCCP Urological Cancer Quality and Audit Forum: 8th November

The Forum was opened by Professor Risteárd Ó Laoide, National Director, National Cancer Control Programme. He highlighted that the Forum this year celebrates more than a decade of the National Network of Rapid Access Prostate Cancer Clinics (RAPC), and improvements in prostate cancer outcomes in Ireland. Mr Paul Sweeney, National Clinical Lead for Urological Cancers and Consultant Urologist at and Mercy University Hospital Cork, speaking at the event, welcomed the opportunity for national multi-disciplinary urological cancer teams to work together to build on local clinical governance arrangements, and develop cohesive national clinical networks for the purpose of clinical audit, sharing of good practice and problem solving.

Mr. David Galvin, National Guideline Lead for Urology, NCCP, Consultant Urologist discussed Ireland's part in the EU plan to broaden cancer screening. PRAISE-U (PRostate cancer Awareness and Initiative for Screening in the European Union) is a three-year project co-funded by the European Union under the EU4Health programme. The goal of PRAISE-U is to work towards better early detection and diagnosis of prostate cancer through carefully designed and risk-based screening programmes. For more information visit <https://uroweb.org/praise-u>

Mr Ivor Cullen, National Penile Cancer Clinical Lead, NCCP and Ms. Alison Doran, CNS, launched the new Patient booklet on Penile cancer. Dr Aisling Looney, discussed 'Can we freeze like overseas? Fertility preservation for the young person with testicles in Ireland' and Mr John Sullivan spoke about Optimizing Sexual Function Outcomes in Men Post Prostate Cancer Treatment. Speaking at the Forum, Ms Eileen Nolan, Programme Manager, NCCP noted the excellent attendance from teams across the urological cancer services, and thanked everyone involved in the NCCP Urological Cancer Programme for their invaluable contribution. *Lynn Casey ANP LUTS, TUH*



Association for Continence Professionals (ACP) Irish National Conference.
28th February 2025, Mullingar Park Hotel

John Fitzpatrick, Irish Genitourinary, Cancer Conference 2025
The Aviva Stadium, Dublin. Date: TBC

Association for Continence Professionals (ACP) Conference. 19th-20th May 2025
Kent Hill Park, Milton Keynes, UK.

European Association of Urology Nurses (EAUN) Annual Conference.
22nd-24th March 2025. Madrid, Spain

British Association of Urology Nurses. (BAUN) Annual Conference.
16th-18th November 2025. Edinburgh, Scotland.

Committee Members:

Caroline Ahern: President
Anne Daniels: Vice President
Liz Boyce / Lynn Casey: Treasurer
Natasha King: Admin /Secretary

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