

This national clinical guideline was developed by a multidisciplinary Guideline Development Group and is based upon the best clinical evidence available together with the clinical expertise of the Group members. NCCP have now updated the radiology and diagnosis sections of the National Clinical Guideline No. 8 Diagnosis, Staging and Treatment of Patients with Prostate Cancer. Some of the main updates include the use and timing of multi-parametric MRI, the PI-RADS system, the type of prostate biopsy undertaken and the use and timing of PET-PMSA scanning.

The updated section 'Diagnosis and Staging of patients with prostate cancer (2022)' can be online accessed online at <https://www2.healthservice.hse.ie/organisation/national-pppgs/national-clinical-guideline-diagnosis-and-staging-of-patients-with-prostate-cancer/>

Note, the updated section (2022) now supersedes the recommendations of the diagnostic section within the National Clinical Guideline No. 8 Diagnosis, Staging and Treatment of Patients with Prostate CA 2015.

Lynn Casey Urology ANP TUH



NEWSLETTER

Welcome from Caroline Ahern, IAUN President

We take great pleasure in welcoming you to this newsletter. We have created this publication with the intention of providing a space for Urology nurses to learn and read about developments in the field of Urology. From recent guidelines and publications, to annual urology conferences and upcoming events, we are delighted to share with you and hope you will join us as contributors in the future

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Annual Urodynamic Study Day 2023

The Annual Urodynamics Study Day was held in Mullingar in November 2023. The event was both enjoyable and educational, providing a great opportunity to network with colleagues and stay up-to-date with best practices. The day was kindly organized by M.E.D Surgical and the Urodynamics committee. The agenda included talks from Consultants, ANPs, Nurse Specialists, and Company Representatives. Mr. Denis O'Sullivan, a Consultant Urologist, started the day with his presentation on the basics of non-invasive and invasive Urodynamics. Ann Bowers, a Clinical Nurse Specialist, followed with her experience of recently undertaking the Urodynamics Certificate Course in London. Mr. Christopher Morris, a Consultant Urogynaecologist, concluded the morning session with an overview of stress urinary incontinence, including current investigations, interventions, and best practices.

The remainder of the day included the launch of the Teleflex Intermittent Self Catheter, which has been granted GMS approval, allowing for more choice for patients undertaking ISC. Jo Wilkinson provided an update from Laborie regarding Urodynamics equipment and programs for the future. Shane McKeever was kindly remembered by M.E.D Surgical with the presentation of the Annual Bursary in his name. Linda Kelly, an Advanced Midwife Practitioner, updated us on the current position regarding surgical mesh for incontinence and proposed plans for Ireland, which are still to be finalised. I outlined how a Urodynamics MDT Meeting (both educational and to formulate a plan of care) was introduced into University Hospital Waterford, kindly facilitated with the addition of a computer program from MED Surgical. Jo Wilkinson and Martin Clarke concluded the day by answering frequently asked questions regarding Urodynamics equipment, programs, and solutions to everyday issues that we all encounter in our practice. Barry Laheen, M.E.D Surgical proposed exciting plans for the possible launch of a re-validation of Urodynamic practice study day in Ireland next year, facilitated by Consultants who provide the current Urodynamic training course in England. We are all looking forward to further updates regarding these proposed plans. *Anne Daniels ANP Urology/Oncology UHW*



UDS Study Day 2023 Mullingar

Conference Oct 2023



The 4th annual Saolta Urology Nurses Network (SUNN) Educational Conference, held in Galway on October 6th, 2023, brought together experts in urology nursing and continence care, emphasizing the importance of early identification, intervention, and collaboration in providing quality care.

Keynote speakers underscored the significance of early assessment and management of frailty and urological conditions. Ms. Kate Donlon, ANP Frailty, highlighted the need for early identification to either prevent, delay, or reverse frailty, emphasizing the importance of Comprehensive Geriatric Assessment (CGA) as a multidisciplinary approach to understanding various aspects of a person's health. Mr. Syed Jaffry, Consultant Urologist, discussed the impact of frailty on uro-oncological surgery and the crucial role of preoperative optimization in improving patient outcomes.

*Robert McConkey
ANP (Bladder Cancer) UHG*

Ms. Catherine Dowling, Consultant Urologist, provided valuable insights into the current and future of urology service planning and delivery, emphasizing the pivotal role of multidisciplinary teams in delivering holistic urology care. Her presentation highlighted the Model of Care for Urology in Ireland and the National Cancer Strategy, emphasizing the need for a collaborative approach to address the growing demands of urological services.

Dr. Sumsita Sarma, Consultant Obstetrician and Gynaecologist, spoke about Genitourinary Syndrome in Menopause (GSM), providing practical knowledge for attendees by covering symptoms, assessments, and interventions for this often distressing condition. Her presentation shed light on the importance of recognizing and addressing GSM to improve women's quality of life.

Interactive panel discussions fostered meaningful interactions between panelists and the audience, creating a dynamic learning environment where attendees engaged with experts in exchange of knowledge and perspectives. The discussions covered a range of topics, including the management of recurrent urinary tract infections (UTIs), strategies to improve access to continence care, and the role of technology in enhancing urology nursing practice.

The afternoon featured hands-on workshops covering continence care, pelvic floor rehabilitation, nephrostomy care, and catheter management. These practical sessions provided attendees with valuable insights and skills that they could apply directly in their daily practice, enhancing their ability to provide comprehensive and evidence-based care for their patients.

The SUNN Educational Conference served as a valuable platform for professionals from primary, secondary, and community care settings to come together, learn from experts, exchange knowledge, and advance the field of urology nursing and continence care. The emphasis on early identification, multidisciplinary care and collaboration, highlighted the importance of a holistic approach to delivering quality patient care. The conference's success underscores the ongoing commitment of SUNN to promoting excellence in urology nursing practice and improving patient outcomes.





EAUN PARIS 6th – 8th APRIL 2024

EAUN24 in Paris, France, from 6 - 8 April 2024, is set to be an incredible meeting of urology professionals, offering a wealth of knowledge, networking, and a chance to be part of the global urology community. The three-day scientific programme covers a diverse and in-depth range of topics for urology care professionals. With expert speakers from various nationalities, this meeting is set to be the European nurses' hub for learning and networking.

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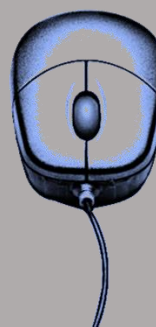
The conference will provide comprehensive coverage for both urological cancers and benign urology. For cancer disease, topics include prostate and bladder cancer, both non-muscle invasive and muscle invasive. For benign urology, there are sessions on sexual health, stone management, the role of the advanced nurse practitioner, EAUN guideline updates on intermittent self-catheterisation, urology and menopause, scrotal conditions, and the management of male lower urinary tract symptoms.

The Henri Mondor University Hospital in Paris is the first to organise a delegate tour as part of the popular annual Hospital Visits. During these visiting sessions it is possible to learn about the hospital and their nursing and urological practices. In the Henri Mondor Hospital, there is a focus on oncology and endourology. Don't forget to add this to your registration as numbers are limited and it is a first-come, first-served basis.

EARLY BIRD DISCOUNT

For the social side, delegates can join us at the Nurses' Dinner, the perfect place for networking and enjoying the company of colleagues worldwide. This also gives everyone an opportunity to meet the Board, SCO and SIG members, and guest lecturers. **Registration is through the online system.**

For a comprehensive overview of the full programme, please visit www.eaun24.org. If you register before 5 February 2024 you can benefit from the **early fee discount**.



Association for
Continenace Professionals
ACP

Irish National Annual
Conference

Radisson Blu Hotel,
Athlone

1st March 2024

John Fitzpatrick
Irish Genitourinary
Cancer Conference

May 2024

The Aviva Stadium, Dublin

Date to be confirmed

Association for
Continenace Professionals
ACP Conference:

Hilton Hotel, Liverpool
City Centre

20th -21st May 2024

International Continenace
Society ICS Conference:

IFEMA, Madrid

23rd – 25th October 2024



Professional Development

RSCI Renal Nursing PgCert :

<https://www.rcsi.com/dublin/postgraduate/taught-courses/renal-nursing-cert/course-details>

Ulster University: Advancing Care for People with Urological Disorders :

<https://www.ulster.ac.uk/courses/202324/advancing-care-for-people-with-urological-disorders-32645>

Ulster University: The Fundamentals of Adult Continence Promotion :

<https://www.ulster.ac.uk/courses/202324/the-fundamentals-of-adult-continence-promotion-32648>

NHS Trust: Certificate in Urodynamics Course :

<https://www.nbt.nhs.uk/bristol-urological-institute/bui-education/urodynamic-courses/certificate-urodynamics-course>

HSE: Nurse and Midwife Medicinal Product Prescribing :

<https://healthservice.hse.ie/about-us/onmsd/onmsd/specific-programmes/nurse-midwife-medicinal-product-prescribing.html>



On 8th November 2023 in Brussels, at the first Continence Health Summit, the EAU together with professionals, scientists, patients, and non-profit organisations launched a *Manifesto for Policy Reform on Continence in Europe*. The objective is to raise awareness around continence issues among policymakers. The Manifesto outlined 10 continence health goals, and the socio-economic and environmental cost of continence health in Europe: including loss of productivity and mental health issues. It is estimated that ‘half of all Europeans will experience some form of incontinence during their lifetime’. The economic burden of incontinence and continence care is calculated at approximately 69 billion euros, and this will rise by 25% in 2030 if action is not taken. The research revealed that while formal carers are a key component, informal carers such as family also undertake a portion of this care.

EAU Secretary General, Prof. Arnulf Stenzl opened the Summit and Prof. Philip Van Kerrebroeck, Vice-Chair of the Policy Office addressed the objectives and the need for action. Sirpa Pietikäinen MEP discussed how no one should be embarrassed or ashamed when talking about incontinence. She also spoke about sustainable solutions, incontinence waste and recycling. The patient’s perspective was also discussed, and this included the development of the 4Cs commitment to continence care. Mr. Eamon Rogers, Chair of the EAU Patient Office, shared best practice, patient-centred care pathways already in operation in Ireland, which demonstrate reductions in both hospital admissions and productivity loss. Irish MEP Maria Walsh closed the event by remarking how incontinence is more than just a medical concern. She stressed how the Manifesto will act as a roadmap to guide EU policymakers to initiate change and drive the ‘*Urge to Act*’



From left: Chrissy Bishop, Arnulf Stenzl, Francisco Cruz (holding the report), Philip Van Kerrebroeck, Pedro Blasco and Eva Wallace after the successful event

Committee Members:

Caroline Ahern: President
Anne Daniels: Vice President
Liz Boyce / Lynn Casey: Treasurer
Natasha King: Admin /Secretary

Sheila Kiely
Anita Cahill
Rachel Dalton
Catherine McGarvey
Hannah Graham
Donnacha Shanahan

Contact:

iaunurses@gmail.com
www.iaun.ie

